



Centre for Primary Health Care and Equity

Never Stand Still

Medicine

Centre for Primary Health Care and Equity

Primary Care Research

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The Health-Science Alliance Symposium

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The impact of primary health care

- Countries with strong primary care systems have:
 - Improved health status
 - Less health inequalities
 - Higher satisfaction in relation to overall costs

(Starfield, Macinko, Bunker, Shi. The Milbank Quarterly 2005)

- Well functioning PHC systems are associated with better integration & coordination & more effective CDM

(Kringos, et al BMC Health Services Research, 2010)

The challenges

- 35% (7 million) Australians have a chronic condition
- Many experience multiple chronic conditions
- Behavioural risk factors are high & increasing
- Current health system not set up to effectively manage long-term conditions

(PHC advisory group discussion paper, 2015)

Who are we?

A research centre within the Faculty of Medicine at UNSW, studying and supporting PHC development since 1996.



What do we do?

Research, evaluation & development that strengthen primary health care & address health inequities, with the aim of contributing to *better, fairer health in the community*.

Work in partnerships with health & related services to foster policy & practice relevant research & dissemination

4 major research streams

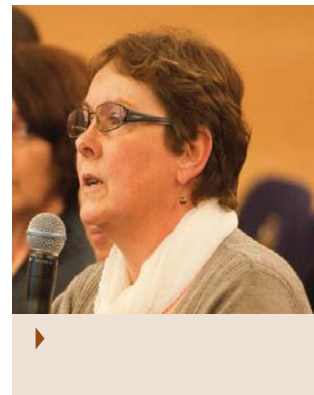
Prevention & management of chronic disease

- Obesity mgt for patients with low literacy
- Absolute cardiovascular risk assessment & mgt
- Role of practice nurses in asthma & COPD



Primary health care system development

- How multidisciplinary PHC centres achieve accessible & integrated services
- Cancer pathways
- Access to PHC for vulnerable populations
- Evaluation of primary health networks
Commissioning review



Research streams

Primary health care informatics

- M health & facebook in prevention of chronic disease
- e PBRN - a network of computerised general practices & health services



Equity in action

- Organisational health literacy
- Gudaga studies
- Indigenous prisoner health
- Equity focused health impact assessment
- Refugee health



3 research hubs

SEaRCH: *South Eastern Sydney Research Collaboration Hub*
(*South Eastern Sydney LHD*)

HERDU: *Health Equity Research & Development Unit*
(*Sydney LHD*)

CHETRE: *Centre for Health Equity, Training, Research & Evaluation*
(*South Western Sydney LHD*)



South Eastern Sydney Research Collaboration Hub

Primary health and Integrated Care

- Use of patient activation & health literacy measures to improve quality of care
- Evaluation of Arabic mindfulness meditation intervention
- Data linkage projects (45+ longitudinal population cohort), with Sydney LHD
 - Processes and impacts of integrated care for 'high risk' patients
 - Attendance at general practice following an acute care admission
 - Analysis of falls
- Evaluating models of universal home health visiting with Sydney LHD & SCHN

For further information

<http://cphce.unsw.edu.au/>

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