

Never Stand Still

Medicine

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2001 - Human genome unzipped then cheap sequencing

- for a small fee our destiny is revealed
- transformational impact on well-being
- personalised treatment

And

It will save the healthcare budget of Western countries



Selling the dream to the public/politicians

 Dramatic stories - exemplars are always more powerful that statistics

- Experts use anecdotes or testimonies
- Presentation of science as a black box



Selling the dream to scientists /journal editors/doctors

Appeal to our natural mode of thinking

- 1) Make a decision on emotional reasons
- Develop a rational line of argument to fit the decision

Bypass scientific scepticism - rational filter through which all claims for truth must pass



Case studies of collisions between science (EBM) and society (values)

1. Drawing a bullseye after the arrow is fired (



2. Cherry picking - notice only the things which confirm our beliefs



3. Drunken walk of randomness



Case 2 - cherry picking





Targeted therapy for lung cancer

In a small group delays progression of disease by 4 months, but modelled benefit shows the drug delivers <20 days of perfect health

If the molecular testing is wrong the patient is harmed by the drug and is denied standard care, their disease will progress three months faster than it would have otherwise

i.e. One view is that the drugs add almost nothing to the treatment of lung cancer despite predicted annual cost of ~\$25Million



Observations



Firmly held beliefs determine:

- the things we notice
- attribution of value

And ultimately the conclusions we draw



Case 3 - Drunken walk of randomness





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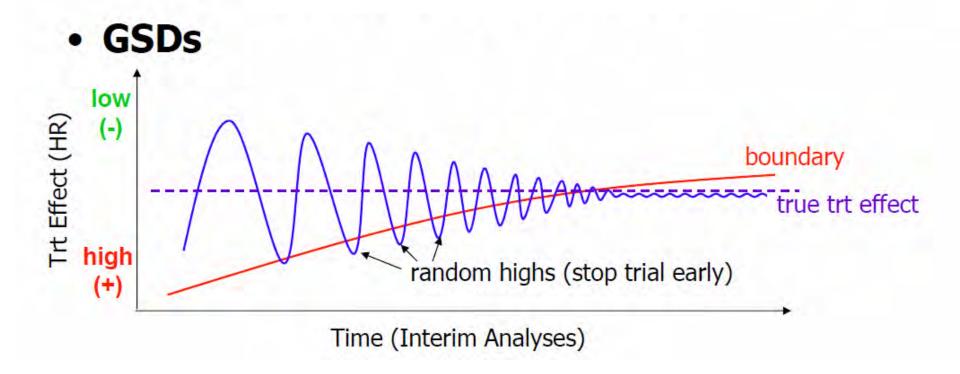
Sunitinib Malate for the Treatment of Pancreatic Neuroendocrine Tumors



Sunitinib trial - analysis by FDA

- Three unplanned interim analyses
- Stopped the study early with 73 events observed (ie 28% of the expected events)
- Concordance in PFS between investigator and central radiologist was 57%
- Improper handling of missing assessments
- Improper use of progression criteria in 11.7% of patients





DSM committee stopped study at 73 events (HR 0.397) Study stopped at 81 events (HR 0.418)



Overestimation of benefit

" .. A trial terminated early for benefit will tend to overestimate true effect; this happens because there is always **variability** in estimation of the true effect, and when assessing data over time, evidence of extreme benefit is more likely obtained at times when the data provide a **random** overestimation of truth"

Ellenberg, et al JAMA, 2010



Fortunately for sunitinib.....

It was a new targeted therapy

AND

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Everolimus for Advanced Pancreatic Neuroendocrine Tumors



Editorial NEJM



Promising Advances in the Treatment of Malignant Pancreatic Endocrine Tumors

Robert T. Jensen, M.D., and Gianfranco Delle Fave, M.D.

Severe disease

Chemotherapy ineffective

Optimism created by the study results, both NEW drugs are effective



Observations



- Editorial did not mention of the issues with the conduct and analysis of the Sunitinib trial
- Missed opportunity to highlight the potential for overestimation of benefit
- Missed opportunity to explain that effect sizes of these drugs will likely decline over time because of regression to the mean



Conclusion

